



PRESS RELEASE

Oxford Junior League – Horspath

No sooner had Bicester's young athletes taken breath from last week's first round of the Oxon Junior League they were in action again at last Sunday's fixture held at Horspath. The team struggled with numbers and as result Bicester slipped down to 4th in the overall boys and girl's standings after two rounds. This however masked several fine individual performances from the team.

The under 9 girls had another excellent day retaining their overall team lead from the first round. The team comprising of Lauren Garside, Amy Gould, Holly Hunter and Daisy Newton had the best performer in each of the 4 legs that make up the under 9 competition. However there was a different overall winner this time as Gould took advantage of Garside's below par performance in the howler to take overall first place. Once again it was Gould's strong performance and a new personal best in the 600 metres (2m 17s) that settled the contest. Garside was however in top placed in the 75 metres and long jump recording personal bests of 12.35 secs and 3.03 metres respectively. The howler went to Holly Hunter with an improved effort of 16.83 metres.

There was a fantastic performance from William Sims in the under 9 boy's event as he stormed to an impressive overall first place with first places in the 75 metres (12.75s) and long jump (3.13m) and a 2nd place in the howler with 21.55m. Tom Couzens had another excellent contest in the competitive under 11 event with another fine overall 3rd place including improved efforts in the 75 metres (12.02secs), 600 metres (2m 5s) and howler (31.66m).

Once again Tom Boshier was in excellent form in the under 15 boy's events with a much improved national grade 4 performance in the 200 metres (25.52 secs). He was also again in dominant form in the long jump winning with a national grade 3 effort of 5.59 metres. He then teamed up with Daniel Hejnk, Cameron Murray and William Woolford for victory in the 4 x 100metre relay (52.2secs). Individually Cameron Murray was the second fastest under 15 100 metre runner timing 12.81secs whilst William Woolford took 2nd place in the B string 200 metres with 26.87secs. The other outstanding performance from the under 15 boys was from Mark Smith who marked his seasonal Oxon Junior League debut with a fine 2nd in the 800 metres (2m 27.9s) and victory in the B long jump (4.25m).

Under 17 boy Edward Burgess continued in national grade 3 form in the 100 metre hurdles with an improved effort of 14.09secs. Good flat speed will augment his fine hurdling so his 200 metre effort of 24.78secs suggests he is moving in the direction in that respect. In the under 13 boy's event there were prominent runs in the 1500 metres from Jonty Renk (5m 28s) who placed 2nd in the A string and Gould (6m 1 secs) first in the B string.

It was good day for the under 13 girls in the throwing events with a fantastic national standard grade 3 and first placing in the javelin for Holly Hunter (20.10 metres).





Aoife Lyford was also in fine form in the discus (16.58m) and javelin (15.56m) with national grade 4 performances in both events. There were B string wins for Rhiannon Penfold in the 100 metres (15.16s) and Kathryn Langley in the 70 metre hurdles (13.81s). In the under 15 long jump Emily Benfield was an excellent 2nd in the A string (4.22 metres) with Lito Michaelidou taking the B string with 4.09m. Emily Benfield also won the B string 100 metres with 14.03 secs.