BICESTER
ATHLETIC CLUB

Founded 1982
www.bicesterac.co.uk

Bicester AC Team Selection Guidelines

Bicester AC team coordinators will try to include as many available athletes as practicably possible when selecting teams for league competitions, even if it's just for one event. It may not always be possible to select all available athletes due to limited spaces in some leagues. The aim of the team coordinator is to select the strongest team (to gain points for league position) whilst giving athletes the opportunity to gain experience in their preferred events. It's not always possible for athletes to be selected for all their preferred events and they may be asked to do a different event to gain points for the team. Where possible the team coordinator will select athletes for their preferred events, but this is not always possible for popular events and where a choice needs to be made the following things will be considered, (in no particular order):

- Athletes personal / seasons best taken from the Power of 10 or Bicester AC rankings
- Any training records kept by the coaches.
- Has the athlete previously done the event in league competition during the current season (to give others opportunity).
- Athletes in their second year in an age group may be given priority over first-year athletes. U12s will be given priority over U10s where the age groups are combined.
- First claim members will be considered before second claim members.
- Regular training attendance may be considered, but younger athletes are not necessarily in control of their attendance.

Athletes will only be selected / asked to do an event if the team coordinator and coaching team feel the athlete is confident, competent and safe to do the event.

Sportshall and track & field league fixtures have both scoring and non-scoring events, representing the club in either a non-scoring or scoring event is considered as being selected to represent Bicester AC.

Please Note:

- These guidelines primarily apply to track & field and sportshall league competitions, cross country and road races are generally mass participation at league level.
- If the club is taking part in a promotion fixture or a fixture to avoid relegation then a team coordinator will need to field a strong team based on best performances.
- If a fixture is taking place prior to county selections then team coordinators will select athletes for the events which will give them the best chance of county selection.
- Athletes who fail to attend a previous league competition (after being selected) without notifying the team coordinator may not be considered for following competitions.

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Bicester AC Management Team

V1 - June 2026

V2 - April 2026, changes to reflect age group changes.

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